

We asked our volunteers why they continue to volunteer at the San Diego Blood Bank...

Shelly Adrian – The people! The other volunteers are wonderful, the donors are great, and the staff is superb! It is everyone’s goal to make lives better for the people right here in San Diego. I come back from drives feeling energized, fulfilled, and really proud of our fine city.

James Ward – I continue to volunteer because of the way the donors make me feel and the way San Diego Blood Bank staff treats me.

Lulu Anaya-Bayless – Why do I volunteer, donate blood, and give monetary gifts to the Blood Bank? Because I would like to help improve the well being of others. Sharing my own life force energy with another person in need is an honor.

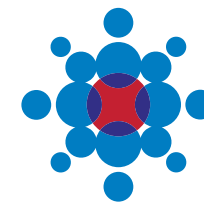
One of my favorite quotes is:

“Kindness and love are never wasted - they always make a difference.” Barbara D Angeles

Lives depend on it. Which is why we depend on you.



Become a volunteer with the San Diego Blood Bank.



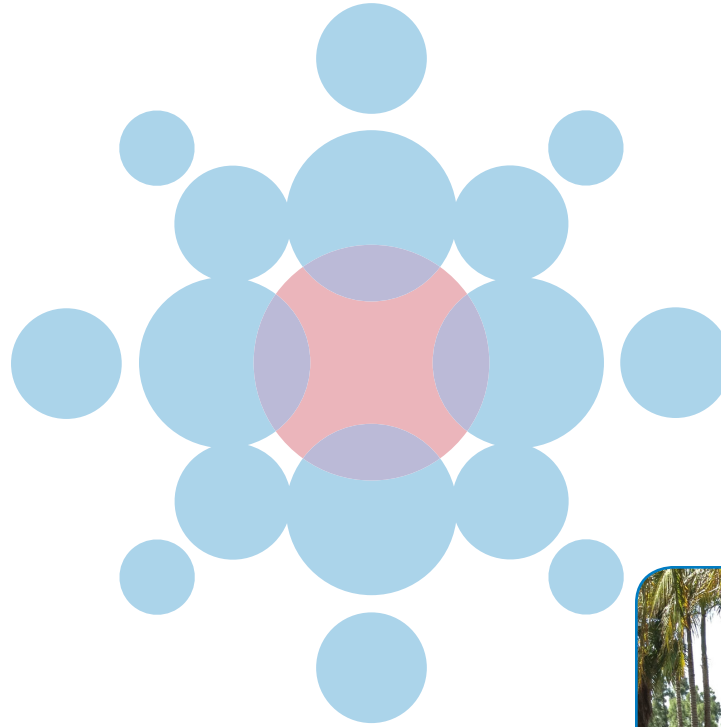
San Diego Blood Bank
Lives depend on it.

For more information, call our Volunteer Manager at 619.400.8202.

**When you help those who help others,
you help us all.**

Thank you for thinking about becoming a volunteer at the San Diego Blood Bank. It's only because of the kindness and generosity of our donors and volunteers that the San Diego Blood Bank can do what we do: Keep dozens of area hospitals supplied with blood for their patients.

We collect, process, and deliver most of the blood and blood products used in our region, and we do it every day, 24 hours a day. The San Diego Blood Bank never closes, because the need for blood never stops.



Our small way of saying thanks.

For every hour you volunteer, you'll earn ten points you can use towards merchandise in our online store.

Or do what many donors and volunteers do: You can donate your points back to the San Diego Blood Bank for their "cash value", to help us pay for new equipment, supplies and keep our bloodmobiles running.



Volunteers John Howard and Otto Stokes

**Lives depend on it, which is why we
depend on you.**

**Thank you again, on behalf of hospitals and
patients all over San Diego.**

Get started in three easy steps.

First:

Fill out an application. Visit our website, sandiegobloodbank.org, go to our volunteer section and print out the application.

Then:

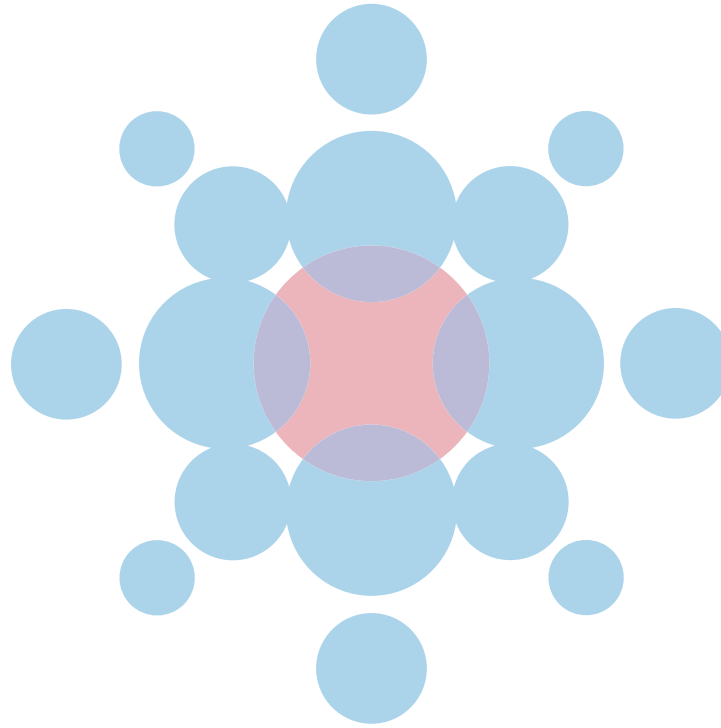
Attend one of our orientations, where our Volunteer Manager can answer all your questions. Call 619-400-8202 to find out when the next orientation is.

Get Started!

Once you've attended an orientation, you'll receive a volunteer newsletter that lists upcoming opportunities. Sign up for the one that interests you.



Volunteer James Ward



Every year, more than ____ donors will walk through the doors of one of our donor centers, or visit one of our bloodmobiles, and take time out from their busy days to help others in need.

Some of these people are part of the “100 gallon club” and have donated for years. Others may be doing it for the very first time, and may be a little anxious.

But everyone who donates shares something special – they're here to help others - and it's important that they feel welcome and appreciated.

We couldn't exist without donors and volunteers. It's that simple, and that important.



Volunteers Walter Panowitz, Mae Goldman and John Dunmire

Three big ways you can help.

Bloodmobile Greeter

Every year, we conduct approximately ____ mobile blood drives at local businesses, churches, events and high schools. A large percentage of these donors were doing it for the first time, so it's essential that they have a good experience and we make a positive first impression.

Greeters assist donors in filling out the donor history questionnaire, help answer questions and explain our Donors 4 Life Program, where donors earn points they can redeem for merchandise in our online store.



Volunteer Shelly Adrian

Canteen Host

After donors finish donating in one of our donor centers, they sit and relax for a bit and enjoy a snack. Our Canteen Host helps engage the donors, monitor reactions and answer any questions about our Donors 4 Life Program. Our regular donors love coming in and visiting with our Canteen Hosts.



Volunteer Lulu Anaya-Bayless

Health Fair Representative

Every year we attend Health Fairs throughout the County; our volunteers are the “face of the Blood Bank” and help engage people and give out information.